
 The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, see the Plan Details (Summary Plan Descriptions) on myBNSF.com For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at [www.myBNSF.com](http://www.myBNSF.com).

Important Questions	Answers	Why This Matters:
What is the overall <a href="#">deductible</a> ?	In-Network and Out-of-Network: <b>\$3,000</b> Individual/ <b>\$6,000</b> Family Does not apply to preventive care and specific preventive medications targeting certain risk factors.	You must pay all the costs up to the <b>deductible</b> amount before this <b>health insurance</b> plan begins to pay for covered services you use. The <b>deductible</b> starts over each January 1. See the chart starting on page 2 for how much you pay for covered services after you meet the <b>deductible</b> .
Are there services covered before you meet your <a href="#">deductible</a> ?	Yes. Preventive care and primary care services are covered before you meet your deductible.	This plan covers some items and services even if you haven't yet met the annual deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <a href="#">deductibles</a> for specific services?	No.	You don't have to meet <b>deductibles</b> for specific services. See the chart starting on page 2 for other costs that you may be required to pay for services this plan covers.
What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a> ?	For <a href="#">network providers</a> \$5,000 individual / \$10,000 family; for <a href="#">out-of-network providers</a> \$7,000 individual / \$14,000 family	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met. The individual out-of-pocket limit for an individual in family coverage is \$7,350.
What is not included in the <a href="#">out-of-pocket limit</a> ?	<a href="#">Premiums</a> , <a href="#">balance-billed</a> charges, and health care this <a href="#">plan</a> does not cover.	Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .
Will you pay less if you use a <a href="#">network provider</a> ?	Yes. See <a href="http://www.bcbsil.com/bnsf">www.bcbsil.com/bnsf</a> or call 1-888-399-5945 for a list of <a href="#">network providers</a> .	This <a href="#">plan</a> uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (a balance bill). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ?	No.	You can see the <a href="#">specialist</a> you choose without permission from this plan.

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care <a href="#">provider's</a> office or clinic	Primary care visit to treat an injury or illness	20% coinsurance	40% coinsurance	Out-of-network charges are limited to the <b>allowed amount</b> .
	<a href="#">Specialist</a> visit	20% coinsurance	40% coinsurance	Out-of-network charges are limited to the <b>allowed amount</b> .
	<a href="#">Preventive care/screening/immunization</a>	No charge	No charge	Age and frequency schedules may apply.
If you have a test	<a href="#">Diagnostic test</a> (x-ray, blood work)	20% coinsurance	40% coinsurance	-----None-----
	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance	
If you need drugs to treat your illness or condition More information about <a href="#">prescription drug coverage</a> is available at <a href="http://www.caremark.com">www.caremark.com</a> or call 1-800-378-7559	Generic drugs	Retail – \$7.50 co-payment (or actual cost, if less) after annual deductible Mail order or 90 day at CVS pharmacy – \$15 (or actual cost if less) after annual deductible	Retail – \$7.50 co-payment (or actual cost, if less) after annual deductible Mail order – Not covered	<b>Deductible</b> does not apply to specific preventive medications targeting certain risk factors. Retail is up to 34-day supply. Mail order or CVS pharmacy is up to 90-day supply. Out-of-network: In addition to the <b>copayment</b> or <b>coinsurance</b> , you also pay the difference between the actual out-of-network charge and the amount that would have been charged by the in-network pharmacy. If you choose to use a brand-name drug when a generic is available, you will pay the cost difference (unless the brand name is required by your doctor). The difference will not apply to your <b>deductible</b> or out-of-pocket maximum.
	Preferred brand drugs	Retail – 25% (min. \$30, max. \$120) after annual deductible Mail order or 90 day at CVS pharmacy– 25% (min. \$60, max. \$240) after annual deductible	Retail – 25% (min. \$30, max. \$120) after annual deductible Mail order – Not covered	
	Non-preferred brand drugs	Retail – 40% (min. \$50, max. \$150) after annual deductible Mail order or 90 day at CVS pharmacy– 40% (min. \$100, max. \$300) after annual deductible	Retail – 40% (min. \$50, max. \$150) after annual deductible Mail order – Not covered	
	<a href="#">Specialty drugs</a>	30 day supply– 25% with a \$175 max. after annual deductible	Not Covered	

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
		90 day supply-25% with a \$525 max. after annual deductible		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40%coinsurance	Preauthorization is required. Failure to obtain preauthorization may result in a reduction in benefits.
	Physician/surgeon fees	20% coinsurance	40%coinsurance	-----None-----
If you need immediate medical attention	<a href="#">Emergency room care</a>	20% coinsurance	20% coinsurance	-----None-----
	<a href="#">Emergency medical transportation</a>	20% coinsurance	20% coinsurance	
	<a href="#">Urgent care</a>	20% coinsurance	40%coinsurance	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	40%coinsurance	Preauthorization is required.
	Physician/surgeon fees	20% coinsurance	40%coinsurance	Preauthorization is required.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	20% coinsurance	40%coinsurance	-----None-----
	Inpatient services	20% coinsurance	40%coinsurance	Preauthorization is required.
If you are pregnant	Office visits	20% coinsurance	40%coinsurance	-----None-----
	Childbirth/delivery professional services	20% coinsurance	40%coinsurance	
	Childbirth/delivery facility services	20% coinsurance	40%coinsurance	
If you need help recovering or have other special health needs	<a href="#">Home health care</a>	20% coinsurance	40%coinsurance	Limited to 40 visits/calendar year. Preauthorization required.
	<a href="#">Rehabilitation services</a>	20% coinsurance	40%coinsurance	60 visits/calendar year. Includes physical therapy, speech therapy, and occupational therapy.
	<a href="#">Habilitation services</a>	20% coinsurance	40%coinsurance	
	<a href="#">Skilled nursing care</a>	20% coinsurance	40%coinsurance	Limited to 70 visits/calendar year; preauthorization required.
	<a href="#">Durable medical equipment</a>	20% coinsurance	40%coinsurance	-----None-----
	<a href="#">Hospice services</a>	20% coinsurance	40%coinsurance	Preauthorization is required.
If your child needs dental or eye care	Children's eye exam	Not covered	Not covered	-----None-----
	Children's glasses	Not covered	Not covered	-----None-----
	Children's dental check-up	Not covered	Not covered	-----None-----

## Excluded Services & Other Covered Services:

### Services Your **Plan** Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other [excluded services](#).)

- Acupuncture, except as anesthesia for covered surgery
- Cosmetic Surgery (except with specific medical conditions)
- Dental Care
- Glasses
- Hearing aids
- Long Term Care
- Routine eye care

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

- Chiropractic Care
- Infertility treatment: \$2,500 lifetime max. (separate \$2,500 lifetime max. for oral prescription drugs)
- Non-emergency services when traveling outside the U.S.
- Private-duty nursing (limited to 70 shifts/visits per year)
- Weight Loss Programs, including in-network bariatric surgery (as approved by the claims administrator)
- When you use services provided by SurgeryPlus-plan pays 100% of cost for certain surgeries (after deductible has been met)

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: BCBS at 1-888-399-5945, the Department of Labor's Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform).

### Does this plan provide Minimum Essential Coverage? **Yes**

If you don't have [Minimum Essential Coverage](#) for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? **Yes**

If your previous [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

### Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 1-888-399-5945.

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-399-5945.

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-888-399-5945.

[Navajo (Dine): Dine'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-888-399-5945.

————— *To see examples of how this plan might cover costs for a sample medical situation, see the next section.* —————

**About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

**Peg is Having a Baby**  
(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) **\$3,000**
- [Specialist](#) coinsurance **20%**
- Hospital (facility) coinsurance **20%**
- Other coinsurance **20%**

**This EXAMPLE event includes services like:**

Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
 Diagnostic tests (*ultrasounds and blood work*)  
 Specialist visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$7,540</b>
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**In this example, Peg would pay:**

<i>Cost Sharing</i>	
Deductibles	\$3,000
Copayments	\$0
Coinsurance	\$908
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Peg would pay is*</b>	<b>\$3,908</b>

**Managing Joe's type 2 Diabetes**  
(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) **\$3,000**
- [Specialist](#) coinsurance **20%**
- Hospital (facility) coinsurance **20%**
- Other coinsurance **20%**

**This EXAMPLE event includes services like:**

Primary care physician office visits (*including disease education*)  
 Diagnostic tests (*blood work*)  
 Prescription drugs  
 Durable medical equipment (*glucose meter*)

<b>Total Example Cost</b>	<b>\$5,400</b>
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**In this example, Joe would pay:**

<i>Cost Sharing</i>	
Deductibles	\$3,000
Copayments	\$0
Coinsurance	\$480
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Joe would pay is*</b>	<b>\$3,480</b>

**Mia's Simple Fracture**  
(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) **\$3,000**
- [Specialist](#) coinsurance **20%**
- Hospital (facility) coinsurance **20%**
- Other coinsurance **20%**

**This EXAMPLE event includes services like:**

Emergency room care (*including medical supplies*)  
 Diagnostic test (*x-ray*)  
 Durable medical equipment (*crutches*)  
 Rehabilitation services (*physical therapy*)

<b>Total Example Cost</b>	<b>\$3,750</b>
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**In this example, Mia would pay:**

<i>Cost Sharing</i>	
Deductibles	\$3,000
Copayments	\$0
Coinsurance	\$150
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is*</b>	<b>\$3,150</b>

\* Note that "Deductibles" assume employee-only coverage.